

Tudhoe Moor Nursery School

Playdough Recipes to Try at Home!



Basic Playdough

You will need:

- 2 cup plain flour
- 1 cup salt
- 2 sachets cream of tartar
- 2 cups boiling water
- 1 tablespoon cooking oil
- A few drops of food colouring



What to do:

1. Mix the flour, salt and cream of tartar together in a large bowl.
2. Make a well in the centre of the dry ingredients and pour in the oil.
3. Add a few drops of food colouring to both cups of boiling water and mix to combine.
4. Add the boiling water, a little at a time, to the flour and oil.
5. Knead until the mixture is smooth and has the consistency of scone dough. If the mixture is too dry, add more water. Likewise, if the mixture is too sticky, add more flour.

Uncooked Playdough

You will need:

- 1 cup plain flour
- $\frac{1}{4}$ cup salt
- 1 tablespoon cooking oil
- A few drops of food colouring
- $\frac{1}{2}$ cup water



What to do:

6. Mix the flour and salt together in a large bowl.
7. Make a well in the centre of the dry ingredients and pour in the oil.
8. Add a few drops of food colouring to the $\frac{1}{2}$ cup water and mix to combine.
9. Add the coloured liquid, a little at a time, to the flour and oil.
10. Knead until the mixture is smooth and has the consistency of scone dough. If the mixture is too dry, add more water. Likewise, if the mixture is too sticky, add more flour.