



Week 1	Breakfast	Lunch	Tea
Monday	Choice of cereal and fruit	Cheese and tomato pasta bake served with peas	Scrambled eggs on wholemeal toast served with tomatoes and cucumber
Tuesday	Choice of cereal and fruit	Roast ham served with mashed potato, Yorkshire pudding and mixed veg	Soup of the day with wholemeal bread
Wednesday	Choice of cereal and fruit	Chicken casserole served with broccoli and green beans	Selection of sandwiches served with coleslaw, tomatoes and cucumber
Thursday	Choice of cereal and fruit	Chicken and banana curry with cauliflower rice	Bagels with cream cheese served with coleslaw, tomatoes and cucumber
Friday	Choice of cereal and fruit	Homemade fish goujons and chips served with peas and sweetcorn	Homemade pasty wraps served with potato salad, tomatoes and cucumber

Children are also offered the option of healthy snack during both the morning and afternoon sessions



Week 2	Breakfast	Lunch	Tea
Monday	Choice of cereal and fruit	Spaghetti bolognaise with hidden and chunky vegetables	Beans on wholemeal toast served with mixed salad
Tuesday	Choice of cereal and fruit	Bacon, eggs, beans and mushrooms served with wholemeal toast	Cheese and crackers served with coleslaw, tomatoes and cucumber
Wednesday	Choice of cereal and fruit	Roast beef served with mashed potato, Yorkshire pudding and mixed veg	Make your own wraps, ham, cheese or tuna served with pasta salad
Thursday	Choice of cereal and fruit	Sausage and swede mash served with broccoli	Quiche Lorraine served with potato salad, tomatoes and cucumber
Friday	Choice of cereal and fruit	Homemade chicken goujons served with cauliflower cheese and carrots	Pizza with a selection of toppings served with mixed salad and beetroot

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Week 3	Breakfast	Lunch	Tea
Monday	Choice of cereal and fruit	Chunky vegetable chilli with rice	Spaghetti on wholemeal toast served with tomatoes and cucumber
Tuesday	Choice of cereal and fruit	Mince and dumplings served with peas and carrots	Pizza with a selection of toppings served with mixed salad and beetroot
Wednesday	Choice of cereal and fruit	Mac and cheese served with garlic bread, sweetcorn and green beans	Jacket potato with cheese and beans served with mixed salad
Thursday	Choice of cereal and fruit	Roast chicken served with mashed potato, Yorkshire pudding and mixed veg	Soup of the day with wholemeal bread
Friday	Choice of cereal and fruit	Homemade fishcakes with hidden peas and sweetcorn served with beans	Bagels with cream cheese served with coleslaw, tomatoes and cucumber

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